

# BUILDING BRIDGES



## PARENT FACT SHEET– FALL 2018

- WHO:** Children grades K-12<sup>th</sup>
- WHAT:** Building Bridges – A program for grieving children and their families
- WHEN:** 6 Tuesday Nights: **September 11<sup>th</sup> – October 16<sup>th</sup>, 2018**
- WHERE:** First United Methodist Church, 37 E. Beauregard, San Angelo, Texas
- TIME:** 7:00 PM – 8:00 PM
- FEE:** There is no charge to attend

The purpose of the Building Bridges program is to provide a unique support group for children who have experienced loss through the death of someone significant in their lives. During this program, children in grades K-12 will be given the opportunity to (1) recognize and express their feelings, (2) build self-esteem through validation, (3) receive guidance as they adapt to the changes in their families, and (4) develop skills in dealing with loss that they may utilize throughout life.

Running concurrently with each children's session is an adult group created uniquely for parents and caregivers. This group is designed to help parents and caregivers have a better understanding of the changes going on with their children.

Referrals to this program may be made through school counselors, ministers, or by simply calling the Hospice of San Angelo office.

**THE PARENT CONSENT FORM SHOULD BE SIGNED AND RETURNED TO THE HOSPICE OF SAN ANGELO OFFICE PRIOR TO September 10<sup>th</sup> FOR THE FALL 2018 SESSION.**

There are a limited number of spaces available, so we recommend you sign up as soon as possible. You may list more than one child on the same consent form.

Questions/Additional Information contact: Melissa Vines, Director of Building Bridges at **658-6524** or email **[mvines@wtrc.com](mailto:mvines@wtrc.com)**.

Please keep this parent fact sheet for your future reference. Thank you!

# BUILDING BRIDGES



## CONSENT FORM FOR BUILDING BRIDGES

Hospice of San Angelo offers a program designed to address the special needs of children who have lost, through death, someone important in their lives. This program consists of six one-hour sessions. Children will be given the opportunity to recognize and express their feelings and receive guidance as they are adjusting to the changes in their lives and in their families. Building Bridges is a grief support group, not professional therapy. The sessions are conducted by trained Building Bridges Volunteers.

It is my desire that my child(ren) \_\_\_\_\_  
participate in the Building Bridges Program offered by Hospice of San Angelo, Inc.

Name of Parent/Guardian \_\_\_\_\_

Address \_\_\_\_\_ Zip \_\_\_\_\_

Phone (cell) \_\_\_\_\_ (work) \_\_\_\_\_ (other) \_\_\_\_\_

Child's School \_\_\_\_\_ Grade \_\_\_\_\_

Child's Date of Birth \_\_\_\_\_ How did you hear about us? \_\_\_\_\_

Relationship of deceased to child \_\_\_\_\_ Date of Death \_\_\_\_\_

We would like to send your child a card on his/her birthday and on the anniversary of your loved one's death. Please indicate only if you would NOT like cards sent to your child. \_\_\_\_ Do not send cards.

\*Please indicate your child's ethnicity (optional):

\_\_\_ American Indian \_\_\_ Asian \_\_\_ Black \_\_\_ Hispanic \_\_\_ Hawaiian/Pacific Islander  
\_\_\_ White \_\_\_ Other

*\*This information is requested solely for the purpose of seeking eligibility for grants and other funding sources.*

At the close of the six sessions, a brief evaluation will be sent to the referring party and the school counselor. In the interest of the child, I give permission to discuss our situation with a professional counselor. I understand that there will be an Adult Group meeting at the same time, and that an adult must remain on-site for the duration of the child's session each week.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

Please return this signed consent form to: Building Bridges  
Hospice of San Angelo  
14 S. Jefferson

or email to: [mvines@wtrc.com](mailto:mvines@wtrc.com)

San Angelo, TX 76901

or fax to: (325) 659-2023

***West Texas Rehab Center's Hospice of San Angelo, P.O. Box 471, San Angelo, TX 76902 (325) 658-6524***